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Abstract

This study investigates how reporting heterogeneity may bias socioeconomic and demographic disparities in self-rated health, a widely used health indicator, and how such bias can be adjusted by anchoring vignettes among Chinese adults. Drawing data from the 2012 wave of the China Family Panel Studies, we find strong evidence of systematically different cut-points applied by people of varying groups to rate their overall health status. In many cases, such cut-point shifts are not parallel in that the effect of certain group characteristic on the shift is stronger at certain level than another. We find that the resulting bias of measuring group differentials in self-rated health can be too substantial to be ignored. We further demonstrate that anchoring vignettes prove to be an effective survey instrument and statistical tool in obtaining bias-adjusted estimates of health disparities. We also find it sufficient to administer vignettes to only a small subsample (20-30% of the full sample) in order to adjust reporting heterogeneity in the full sample. Using single vignette can be as effective as using more in terms of anchoring, but the results are sensitive to the choice of vignette design. Our findings suggest that future research using self-rated health should guard against reporting heterogeneity and employ adjustment techniques such as anchoring vignettes whenever appropriate.

INTRODUCTION

Due to its robust predictive power for mortality (Benjamins et al. 2004; House et al. 2000; Idler and Benyamini 1997), its strong association with morbidity and physical functioning (Goldberg et al. 2001; Singh-Manoux et al. 2006), and the simplicity and low cost associated with its collection, self-rated health has been used as a global health indicator in numerous social surveys and studies on health inequalities (Chen et al. 2010; Tandon et al. 2006; Wen et al. 2010; Zimmer and Kwong 2004). However, unlike in the West, studies in many developing countries, including China, Thailand, and the Philippines, found either no significant positive association between socioeconomic status (SES) and self-rated health or an inverse relationship (Luo and Wen 2002; Pei and Rodriguez 2006; Whyte and Sun 2010; Zimmer and Amornsirisomboon 2001; Zimmer et al. 2000).

Rather than providing evidence of cross-country differences in SES-based health inequalities, these findings may instead reflect reporting heterogeneity – that is, respondents of varying backgrounds may adopt systematically different frames of reference in rating their overall health. For example, the peer comparison theory predicts that high-SES respondents are likely to compare themselves to their peers and hence adopt a higher standard for what is considered “excellent” health; whereas low-SES respondents may apply a lower standard, resulting in an inflated level of self-rated health relative to that of high-SES respondents, despite the latter group’s advantage in true health status (Dowd and Todd 2011; Schnittker 2005). This peer comparison behavior yields an underestimated SES gradient. Alternatively, the health optimism/pessimism theory predicts that high-SES respondents, believing their affluence confers well-being, will systematically boost their self-ratings of health (Ferraro 1980), whereas low-SES respondents are more pessimistic about their health in the face of limited resources (Ferraro 1993). In other words, the health optimism/pessimism theory predicts an overestimated SES gradient.

The methodology of anchoring vignettes – brief descriptions of hypothetical people or situations that survey respondents are asked to evaluate on the same scale as they use to assess their own situations – has been proposed to address the problem of cross-group reporting heterogeneity. This approach allows a comparison of the respondents’ self-assessments to the assessments they assign to the hypothetical others on the same questions. Vignettes fix the categorical levels of interest so that variation in responses can be attributable to categorical cut-points, revealing respondent norms in evaluating the measures of interest and, ultimately, variation across respondent groups.

Several studies have reevaluated inter-group health inequalities using the vignettes methodology with self-rated health. However, most of these studies focused on cross-country comparisons (Jürges 2007; Murray et al. 2003; Salomon et al. 2004), and the few that looked at response bias in health inequalities by SES focused mainly on American and European elderly populations, largely due to the availability of vignettes data from the Health and Retirement Study (HRS) and its sibling surveys in Europe (Bago d’Uva, O’Donnell and van Doorslaer 2008; Dowd and Todd 2011; Grol-Prokopczyk, Freese and Hauser 2011). This focus limits the generalizability of results given that the elderly may tend to self-assess their health differently than do younger populations (Schnittker 2005), and that Westerners may respond differently to the vignettes methodology than would respondents in developing countries.

In particular, using anchoring vignettes to assess health may be less effective in China or other non-Western societies for two reasons. First, survey responses in East Asian regions are characterized by a strong tendency to agree (high acquiescence) and a weak tendency to disagree (low disacquiescence) with any item, regardless of content, and by a strong preference for middle over polar response categories on ratings scales (Harzing 2006). These reporting behaviors reduce the amount of information available for differentiating true health status. Second, vignettes require that respondents evaluate the health of a hypothetical person based on a text description – a cognitive burden that may prove taxing to respondents in developing societies where the average educational attainment is lower (Bago d’Uva et al. 2008). These cultural and societal differences may have played a role in the results of a study by Bago d’Uva et al. (2008), which found that anchoring vignettes helped little with bias reduction in terms of measures of health disparities by SES in regional samples in China, India, and Indonesia.

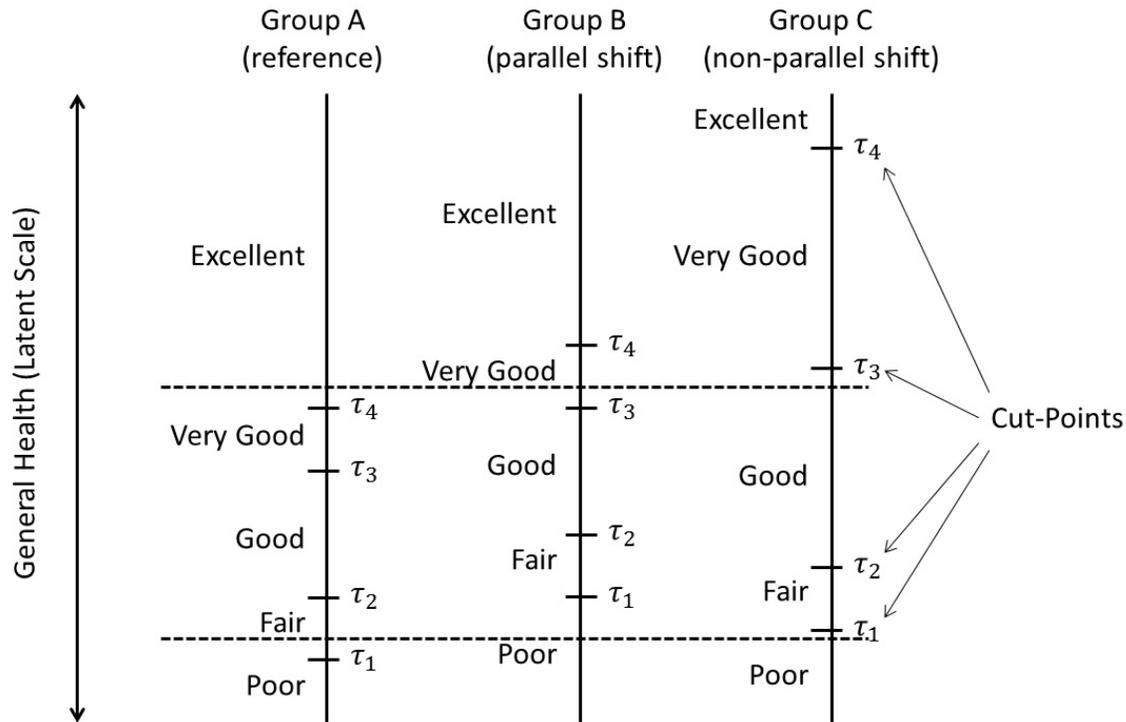
Given these limitations and gaps in the previous research, this study seeks to address the following questions: (1) Does reporting heterogeneity bias the measurement of health disparities among Chinese adults? (2) Are anchoring vignettes effective in correcting such bias? This study applies vignettes methodology to a national sample of Chinese adults in an effort to evaluate the effectiveness of this approach in obtaining more accurate estimates of health disparities by SES, and thereby to help reconcile previous findings of an inverse association between SES and health. In addition, taking advantage of two vignettes available on the full Chinese adult sample, we evaluate the cost-effectiveness of the vignettes methodology for extrapolating estimated anchors from a subsample and administering fewer vignettes.

VIGNETTES METHODOLOGY

Inter-Group Reporting Heterogeneity

In considering the vignettes method, it is important to distinguish between adjusting for individual-level and group-level reporting heterogeneity. The ubiquitous population heterogeneity in social science research dictates that individual reporting heterogeneity cannot be naively discarded as a mere nuisance or measurement error by assuming reporting behaviors are essentially the same within a subpopulation (Xie 2013). Unfortunately, it is impossible to estimate individual reporting heterogeneity without administering multiple vignettes in full range of the latent construct (latent true health in this study) to each respondent whose corresponding vignette assessments also provide enough support for estimating the full-scale individual cut-points from low to high. Not only would such practice constitute an expensive data collection option in a multi-purpose survey, but it also would be extremely challenging to design multiple vignettes that cover the full range of the latent construct and to ensure each respondent's assessments in accordance with the intended vignette ranking. To our knowledge, only one study has estimated individual reporting heterogeneity by pooling 15 vignettes across three different domains and assuming a common response scale across these domains (Kapteyn, Smith and Soest 2007). Similar efforts with fewer vignettes have not been successful (Bago d'Uva et al. 2011; Bago d'Uva et al. 2011). Unable to estimate individual-level reporting heterogeneity, we follow a conventional practice in empirical social research by focusing on group-level differences (Xie 2013).

Inter-group reporting heterogeneity may assume two patterns on latent response scales: parallel or non-parallel cut-point shift (see Figure 1). For the former, cut-points shift up or down in parallel for each of the comparison groups, providing evidence that the covariates affect all cut-points equally, and supporting the hypothesis that different groups may simply assume higher or lower thresholds in self-evaluating their health. In the case of non-parallel shift, inter-group differences are seen in unaligned upward or downward cut-point shifts that reflect differential covariate effects.

Figure 1. Illustration of Cut-Point Shifts on the Latent Response Scales of Self-Rated Health

Parametric Model

Identifying parallel or non-parallel cut-point shift among groups or individuals cannot be done using a conventional ordered probit (or logit) model of self-rated health because it requires data such as objective health measures for the latent scale. Anchoring vignettes provide such auxiliary data without the high cost associated with collecting biomarker data for objective health measures. For our analyses, we estimate hierarchical ordered probit (HOPIT) models that draw on anchoring vignettes to purge reporting heterogeneity and attain inter-person comparable self-rated health (King et al. 2004). A HOPIT model consists of two parts: a vignette component and a health component.

Since a vignette is a description of a hypothetical person's health status presented to all respondents in the same way, we should expect no systematic variation (apart from random error) in the ratings of the vignette by different respondents, except that they may apply different cut-points, if they perceive the vignette in the same way and on the same unidimensional scale – known as the *vignette equivalence assumption* (King et al. 2004). In other words, if all respondents assess each vignette the same in terms of its associated latent health level, we can rule out any influence of respondents' characteristics on their assessments.

Formally, let $y_{i,j}^{v*}$ denote the continuous latent true health of each vignette as perceived by respondent i , and it can be modeled as a linear combination of an intercept α_j and random measurement error $\epsilon_{i,j}^v$:

$$y_{i,j}^{v*} = \alpha_j + \epsilon_{i,j}^v, \quad \epsilon_{i,j}^v \sim N(0,1) \quad (1)$$

with the normalization $\alpha_1 = 0$ for identification. Respondent i translates the continuous latent health of vignette j into one of K ordered response categories, in this case, poor (=1), fair (=2), good (=3), very good (=4), and excellent (=5), through a mapping mechanism:

$$y_{i,j}^v = k, \quad \text{if } \tau_i^{v,k-1} \leq y_{i,j}^{v*} < \tau_i^{v,k}, \quad k = 1, \dots, 5 \quad (2)$$

where $\tau_i^{v,k}$ denotes the cut-point for respondent i to rate the latent true health status of the vignettes as in one of the K categories; and $\tau_i^{v,0} < \tau_i^{v,1} < \tau_i^{v,2} < \dots < \tau_i^{v,5}$, $\tau_i^{v,0} = -\infty$, and $\tau_i^{v,5} = \infty$. Unlike a conventional ordered probit model that assumes no reporting heterogeneity, and hence homogeneous cut-points, we allow the cut-points to vary as a linear function of covariates X_i , plus individual heterogeneity $u_i^{v,k}$:

$$\tau_i^{v,k} = \gamma_0^{v,k} + X_i \gamma^{v,k} + u_i^{v,k}, \quad k = 1, \dots, 4 \quad (3)$$

where $\gamma_0^{v,k}$ are the intercepts in the respective cut-points for the vignettes and hence X_i does not include a constant. As mentioned earlier, identification of $u_i^{v,k}$ requires rich data from multiple vignettes that capture the full range of latent health, which are not available to us. We therefore follow the prevailing practice in the literature by restricting our attention to identifying group-specific cut-points. Reporting homogeneity results from imposing $\gamma^{v,k} = 0$. Parallel cut-point shift arises when $\gamma^{v,k} = \gamma^v$ for $k = 1, \dots, 4$; that is, the impact of a covariate on shifting the cut-point location is the same for all the cut-points. By contrast, $\gamma^{v,k} \neq \gamma^v$ gives rise to non-parallel shift.

The health component takes a similar form as that of the vignette component. Let y_i^{S*} denote the continuous latent true health variable for respondent i . We will model it as a linear combination of the SES variables and other control variables, denoted together by X_i , and an independent normal error term ϵ_i :

$$y_i^{S*} = \beta_0 + X_i \beta + \epsilon_i, \quad \epsilon_i \sim N(0, \sigma^2) \quad (4)$$

where β_0 is the intercept. The measurement model divides y_i^{s*} into K ordinal response categories of self-rated health y_i^s through a similar mapping mechanism as Equation (2):

$$y_i^s = k, \text{ if } \tau_i^{s,k-1} \leq y_i^{s*} < \tau_i^{s,k}, \quad k = 1, \dots, 5 \quad (5)$$

where $\tau_i^{s,k}$ denotes the cut-point for respondent i to report his/her health status as in one of the K categories; and $\tau_i^{s,0} < \tau_i^{s,1} < \tau_i^{s,2} < \dots < \tau_i^{s,5}$, $\tau_i^{s,0} = -\infty$, and $\tau_i^{s,5} = \infty$. Again, we allow the cut-points for self-rated health to vary as a linear function of observed covariates Z_i , plus individual heterogeneity $u_i^{s,k}$:

$$\tau_i^{s,k} = \gamma_0^{s,k} + Z_i \gamma^{s,k} + u_i^{s,k}, \quad k = 1, \dots, 4 \quad (6)$$

where γ_0^k are the intercepts in the respective cut-points, and Z_i can include the same covariates as X_i . We again choose not to identify individual reporting heterogeneity here for practical data limitation. These equations define the second component of a HOPIT model. However, without the auxiliary information provided by the vignettes, the above model is under-identified in that we cannot simultaneously estimate β (the effects of SES and other covariates on self-rated health), γ^s (the effects of SES and other covariates on cut-points in response styles), and σ^2 . Model identification is achieved by assuming *response consistency* (King et al. 2004), meaning that respondents rate their own health in the same way as they assess all the hypothetical scenarios represented by the vignettes. Formally, the response consistency assumption amounts to setting:

$$\tau_i^{s,k} = \tau_i^{v,k} \quad (7)$$

In other words, the vignette component and the health component are linked through shared cut-points in survey reporting. The individual-specific cut-points are estimated from the vignettes data, provided that the response consistency assumption holds, thereby purging out reporting heterogeneity in estimating group differences in self-rated health.

Let $P_{i,k}^S$ denote the probability of respondent i reporting his/her own health as in category k , and $P_{i,j,k}^V$ denote the probability of the same respondent rating vignette j as in category k . The log-likelihood function of the HOPIT model in this case (two vignettes and five response categories of health status) is defined as the sum of two components, respondent's self-rated health and his/her ratings of the vignettes:

$$\ln L = \sum_{i=1}^N \sum_{k=1}^5 I(y_i^s = k) \ln P_{i,k}^s + \sum_{i=1}^N \sum_{j=1}^2 \sum_{k=1}^5 I(y_{i,j}^v = k) \ln P_{i,j,k}^v \quad (8)$$

where $I(y_i^s = k)$ and $I(y_{i,j}^v = k)$ are two indicator functions that equal 1 if $y_i^s = k$ and $y_{i,j}^v = k$, respectively; and equal 0 otherwise. Parameter estimates can be attained by maximizing this joint log-likelihood.

Cost-Effectiveness of the Vignettes Method

The degree of cost-effectiveness of the vignettes methodology – which is based on reducing response bias without having to collect objective health measures – hinges on implementation choices. First, cost-effectiveness can be enhanced by administering multiple vignettes to only a small subsample of respondents, from which the anchored group-level response scaling patterns can be generalized to the entire study sample (King et al. 2004), although individual-level adjustment remains intractable. For example, in the Survey of Health, Ageing and Retirement in Europe (SHARE), vignettes data were collected only in about 10-16% of the full samples, and in the WHO Multi-Country Survey Study on Health and Responsiveness 2000-2001 (WHO-MCS), about 25-50% of the full samples were randomly administered the vignette instrument (Bago d'Uva et al. 2008). Since most analyses have used data from the small subsamples with the multiple vignettes (often five or more), it is unclear to what extent vignette adjustment seen in these subsamples can be applied to the rest of the sample, although in principle administering vignettes to the full sample only improves statistical efficiency.

Second, it may be possible to enhance the method's cost-effectiveness while maintaining its capacity to identify and correct for group-level reporting heterogeneity by using one rather than multiple vignettes, as long as there is enough within-group variation for all response categories. Using more than one vignette may add only to statistical efficiency while increasing survey development and implementation costs, as well as respondent burden. The literature does not address this issue – and little empirical evidence supports the effectiveness of bias reduction with only one vignette – but we note that some studies have recently reduced the number of vignettes used per self-assessment. In SHARE, for example, the number of vignette questions for each health domain was reduced from three in the first wave to one in the second wave (Peracchi and Rossetti 2013; Voňková and Hulleger 2011).

We investigate the cost-effectiveness for these two variations on the vignettes method and report the findings after the main results.

DATA AND MEASURES

This study draws upon data from the China Family Panel Studies (CFPS), a nationally representative longitudinal survey of Chinese communities, families, and individuals. The studies focus on the well-being of the Chinese population, with a wealth of information on economic activities, education outcomes, family dynamics and relationships, and health. The CFPS will track all members of the sampled families in the 2010 baseline through biennial follow-up surveys. The first of these, in 2012, used both in-person interviews and proxy-reports administered via computer-assisted personal interviewing (CAPI) or computer-assisted telephone interviewing (CATI) to collect follow-up data.

The 2010 nation-wide CFPS baseline survey successfully interviewed 14,798 households from 635 communities, including 33,600 adults and 8,990 children, located in 25 designated provinces. The approximate response rate was 81%, with the majority of the non-response due to non-contact. CFPS's stratified multi-stage sampling strategy ensures that the sample represents 95% of the total population in China in 2010 (Xie 2012). The first full-scale follow-up survey was conducted in 2012 with more than 80% of the baseline respondents re-interviewed.

Self-Rated Health and Vignettes

The dependent variable in this study is self-rated health, collected by asking respondents to rate their overall health status at the time of interview by selecting one of five categories: poor, fair, good, very good, or excellent. Every respondent who rated his/her own health was then administered the following two vignettes in random order, on the same response scale, about the health status of a hypothetical person with a typical Chinese male or female name matched to the respondent's sex. The health vignettes were designed to reflect two substantially different health statuses, thereby providing greater power to differentiate the varying cut-points applied by respondents to assessing their own health status.

Vignette (1): Sun Jun (male) / Li Mei (female) has no problem with walking, running, or moving his/her limbs. He/she jogs 5 km twice a week. He/she does not remember the last time when he/she felt sore, which was not within the past year. He/she never feels sore after physical labor or exercise. How would you rate his/her health status?

Vignette (2): Zhao Gang (male) / Wang Li (female) has no problem walking 200 meters. He/she feels tired, however, after walking 1 km or climbing several flights of stairs. He/she has no problem with daily activities such as bringing home vegetables from market. He/she has a headache once every month, but gets better after taking medicine. Even while feeling the headache, he/she can still do daily work. How would you rate his/her health status?

SES Indicators

Education is measured in years of schooling. Cognitive functioning is captured by short-term memory test scores collected by asking respondents to immediately recall as many words as possible from a randomly selected list of 10 words read by interviewers. Economic resources are measured by employment status and family income per capita. We chose not to use individual income because many Chinese households, especially in rural areas, act as single economic entities. Political capital is measured by one's own as well as other family members' cadre and/or party membership.

We control for socio-demographic variables, including age, gender, marital status, rural-urban residence, *Hukou* (household registration) status, and region of origin. Age is centered at mean and divided by 10 to facilitate the interpretation of the parameter. We also add an age-squared term in regression models to capture potential nonlinearity in age trajectory of health. All the other control variables are discrete in nature and entered into regression models as dummies.

We focus on adults aged 16-70 years old ($N = 30,774$), excluding about 4% of this sample who had missing data on self-rated health or at least one of the two vignettes, and about 15% of the remaining sample who gave ratings inconsistent with the designed rank ordering of the two vignettes, and thereby were in violation of the vignette equivalence assumption underlying the methodology (King et al. 2004). As a group, this 15% of respondents had significantly lower SES (e.g., lower educational attainment, worse memory, and lower income) and reported poorer health compared to those whose ratings of the vignettes were consistent with the survey design (results not shown). Therefore, our results may underestimate the true SES disparities in health. After excluding these respondents, the sample size was 25,141, and was further reduced to 23,207 after list-wise deletion of cases with missing data on covariates.

MAIN RESULTS

Descriptive Statistics

Table 1 presents frequency distributions of self-rated health and vignette ratings. The responses to self-assessment were more or less evenly distributed with about one third of the respondents considering themselves in fair or poor health, another third in good health, and the rest in very good or excellent health. As expected given the vignette design, the majority of respondents rated the person in the first vignette as in very good or excellent health and the person in the second vignette as in poor health.

Table 1. Frequency distributions of self-rated health and vignette ratings

	Self-Rated Health (%)	Vignette 1 (%)	Vignette 2 (%)
Poor	16.4	0.0	60.6
Fair	18.4	4.5	23.6
Good	34.8	27.3	15.0
Very Good	20.5	40.0	0.8
Excellent	10.0	28.1	0.0
N	23,207	23,207	23,207

Note: Vignette 1 describes a person in better health status compared to Vignette 2 by design.

Table 2 summarizes the descriptive statistics of the independent variables. Our analytical sample is evenly split between men and women with an average age of about 43 years. Over 80% of the respondents were married, which is consistent with the nearly universal marriage pattern in China. The average for years of schooling was 7.6, and on average, respondents recalled about five of the ten words in the short memory test. Nearly two thirds of the sample was employed with an average annual family income per capita of 14,490 RMB (about \$2,415 US), more than six times above the new poverty line in rural China (2,300 RMB, see Zhang et al. 2012). About 7.7% of the respondents were members of the Communist Party of China (CPC) and/or cadres of various government agencies and public institutes, and 13.8% had at least one family member who was a CPC member or cadre. In terms of residential and migration status, just over half of the sample consisted of rural non-migrants or rural-to-rural migrants (hereafter referred to collectively as rural residents); 18.7% migrated from rural to urban areas; less than 5% were urban-to-rural migrants; and about 25% were urban non-migrants or urban-to-urban migrants (hereafter referred to as urban residents).

Table 2. Descriptive statistics of independent variables

	Mean	SD
Age (years)	42.7	14.7
Male (%)	49.4	—
Marital status (%)		
Single	14.5	—
Married/Cohabitation	81.2	—
Divorced/Widowed	4.4	—
Years of education	7.6	4.7
Short memory test	4.8	2.0
Employed (%)	72.8	—
Family income (RMB)	14490.3	24794.9
Cadre/Party member (%)	7.7	—
Had a family member as cadre/Party (%)	13.8	—
Residence and Hukou status (%)		
Rural resident with rural <i>Hukou</i>	51.9	—
Rural-to-urban migrant	18.7	—
Rural resident with urban <i>Hukou</i>	4.6	—
Urban resident with urban <i>Hukou</i>	24.9	—
N	23,207	

Reporting Heterogeneity

We assess parallel versus non-parallel cut-point shift by estimating two nested models and performing Wald tests against parallel shift. The results are reported in Table 3. Bear in mind that, generally speaking, lower (downward shift) and higher (upward shift) cut-points would deflate and inflate group differentials in health, respectively, without vignette adjustment. Assuming parallel shift, cut-points would decline with increases in respondent age ($\beta = -0.019$), and the rate of decline would increase with age given the significant negative coefficient of the age-squared term. In other words, older respondents applied significantly lower cut-points in rating and therefore were more likely to report better health for a given level of true latent health compared to younger respondents. Men applied significantly higher cut-points ($\beta = 0.103$) and hence tended to underrate the same level of true health compared to women. Compared to being married or cohabiting, being single was associated with lower cut-points. Better educated respondents had higher cut-points ($\beta = 0.009$), whereas those with better memory had lower cut-points ($\beta = -0.022$). The relationship between family income and cut-point shift was non-linear in that those in the third quartile tended to have significantly higher cut-points compared to the poorest, although the richest also had a significantly higher cut-point

between good and very good health. Being a cadre or CPC member was related to downward shifted cut-points ($\beta = -0.083$), although other family members' political status did not matter. Compared to rural residents, rural-to-urban migrants had higher and urban residents had lower cut-points.

The Wald tests provide statistical evidence in favor of non-parallel cut-point shift for most of the aforementioned covariates except family income. In other words, different social groups may not simply have higher or lower thresholds for health evaluation; instead, they exhibit greater reporting heterogeneity at some levels of health than others. For example, a higher level of education was associated with an upward cut-point shift at the higher end of health but a downward shift at the lower end when the assumption of parallel shift was relaxed. To gain a better understanding of this complex pattern, Figure 2 plots predicted cut-points for five different levels of education, holding everything else constant. It is clear that better educated respondents tended to apply lower cut-points when considering what constitutes poor health. The cut-point between poor and fair was -2.442 for college graduates as opposed to -2.286 for those without any schooling. However, the gradient reversed at the high end of health rating: for college graduates and the unschooled, respectively, the cut-point between good and very good was -0.199 and -0.642, and between very good and excellent was 0.772 and 0.407. As a result, for a given level of true health, better educated respondents would be much less likely than respondents with no schooling to report very good or excellent health.

Figure 2. Predicted Cut-Points by Levels of Education from the HOPIT Model Assuming Non-Parallel Shift.

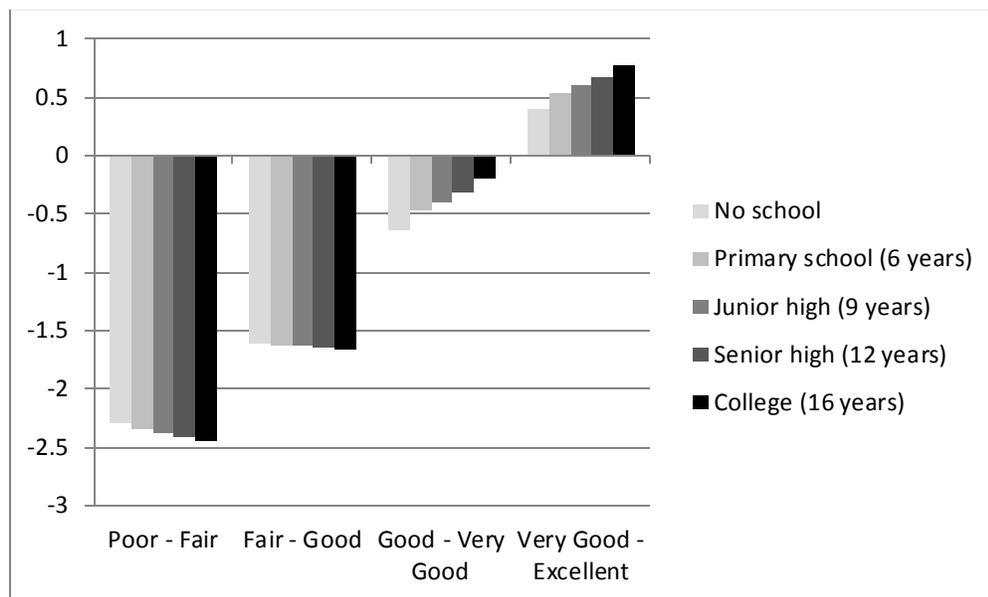


Table 3. Coefficient estimates of cut-point shift (parallel versus non-parallel) from the vignette data

	Parallel Shift		Non-Parallel Shift						Wald Test of Parallel Shift (df=3)			
			Poor - Fair		Fair - Good		Good - Very Good				Very Good - Excellent	
Age (centered)	-0.019	***	-0.022	**	-0.054	***	0.005		-0.013		68.96	***
Age-square	-0.019	***	-0.035	***	-0.029	***	-0.011	*	-0.002		33.67	***
Male (ref: female)	0.103	***	0.135	***	0.121	***	0.092	***	0.056	***	15.40	**
Marital status (ref: married/cohabitation)												
Single	-0.080	***	-0.036		-0.149	***	-0.103	***	-0.059		16.66	***
Divorced/Widowed	0.014		0.081	*	0.029		-0.014		-0.043		7.39	
Years of education	0.009	***	-0.010	***	-0.003		0.028	***	0.023	***	260.62	***
Short memory test	-0.022	***	-0.032	***	-0.039	***	-0.009	*	-0.010	*	46.02	***
Employed (ref: no)	-0.006		0.012		-0.015		-0.006		-0.021		2.97	
Family income quartiles (ref: poorest)												
2 nd	-0.003		-0.011		0.007		0.014		-0.022		3.57	
3 rd	0.045	**	0.040	*	0.072	***	0.056	**	0.018		6.09	
4th (richest)	0.031		0.030		0.027		0.052	*	0.011		3.53	
Cadre/Party membership (ref: no)	-0.083	***	-0.098	***	-0.101	***	-0.113	***	-0.018		9.82	*
Family cadre/Party membership (ref: no)	-0.020		-0.043	*	-0.036		-0.017		0.017		4.62	
Residence and <i>Hukou</i> status (ref: rural)												
Rural-to-urban migrant	0.032	*	-0.048	*	0.046	*	0.044	*	0.103	***	42.13	***
Rural resident with urban <i>Hukou</i>	0.019		-0.041		0.029		0.034		0.074		6.92	
Urban resident with urban <i>Hukou</i>	-0.038	*	-0.158	***	-0.018		0.035		0.018		73.60	***
Constant	-2.510	***	-2.271	***	-1.520	***	-0.684	***	0.419	***		

Notes: Estimates of ancillary parameters are not shown. Coefficients in the HOPIT models have been rescaled to be comparable to those in the ordered probit model.

*p<0.05; **p<0.01; ***p<0.001.

Bias Reduction

To evaluate the performance of vignettes methodology in remedying reporting heterogeneity, we compare group differences in self-rated health as estimated from three models, a standard ordered probit model, a HOPIT model assuming parallel cut-point shift, and a HOPIT model assuming non-parallel shift. Because of different scaling in these models¹, we fixed the scale of the HOPIT models by dividing the estimated coefficients by the estimated variance terms, which is equivalent to imposing the same variance as in the ordered probit model (Jones et al. 2007). Table 4 presents the comparable coefficient estimates after rescaling and suggests several related patterns.

First, anchoring vignettes did affect the estimates of health disparities by socioeconomic and demographic groups as demonstrated by the changes in coefficients between the ordered probit and HOPIT models for every covariate that induced cut-point shift (as shown in Table 3). Second, the magnitude of some of these changes was substantial. For example, the coefficient for years of education tripled from 0.004 to 0.012 after vignette adjustment, whereas the coefficient for the memory test dropped by half from 0.036 to about 0.018. More strikingly, certain coefficients that were not significant in the ordered probit model became significant in the HOPIT models. For example, none of the coefficients for family income quartiles was significant in the standard ordered probit model. But estimates from both HOPIT models (parallel and non-parallel shift) indicated that respondents in the top two quartiles of family income reported significantly better health than those in the bottom quartile. This finding is consistent with the conventional wisdom of positive SES gradients in health as well as the positive association between family income and cut-point shift reported in Table 3. It is also noteworthy that the size of the coefficient associated with family income nearly doubled, from about 0.03 to 0.06, after vignette adjustment. For other covariates such as divorce and widowhood, one's own cadre, and CPC membership, significant differences disappeared after vignette adjustment.

Third, the assumption of parallel or non-parallel cut-point shift exerted limited impact on estimating the self-rated health component as evidenced by the very small size/sign changes in the coefficients between the two specifications. Nevertheless, the model specification assuming non-parallel shift revealed a more complex pattern of reporting heterogeneity with respect to many covariates, as suggested by the significant Wald tests.

¹ The scale in the standard ordered probit model is normalized to 1 (i.e. the error term is assumed to follow a standard normal distribution), while it is estimated in HOPIT models (i.e. σ^2 in Equation (4)).

Table 4. Coefficient estimates from standard ordered probit versus hierarchical ordered probit (HOPIT) models of self-rated health

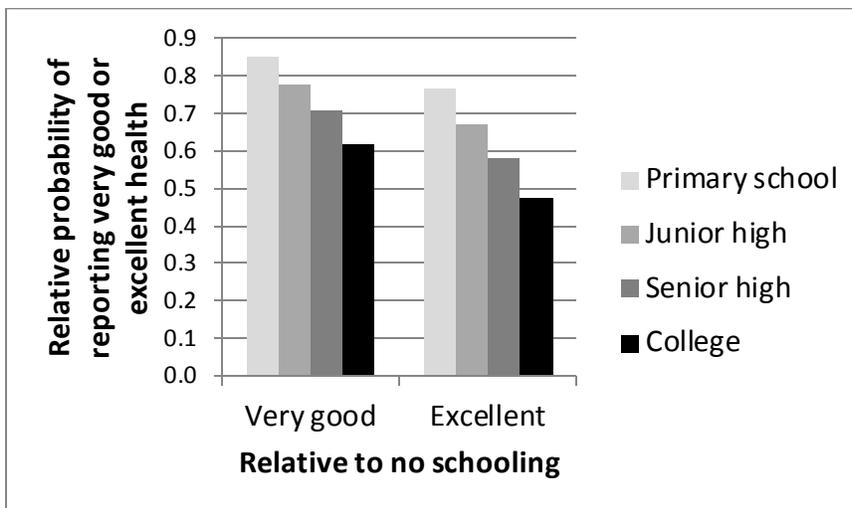
	Ordered Probit	HOPIT	
		Parallel Shift	Non-Parallel Shift
Age (mean-centered and divided by 10)	-0.279 ***	-0.294 ***	-0.301 ***
Age-square	0.031 ***	0.015 **	0.015 **
Male (ref: female)	0.229 ***	0.312 ***	0.308 ***
Marital status (ref: married/cohabit)			
Single	-0.051 *	-0.114 ***	-0.095 ***
Divorced/Widowed	-0.086 *	-0.074	-0.057
Years of education	0.004 *	0.012 ***	0.011 ***
Short memory test	0.036 ***	0.018 ***	0.017 ***
Employed (ref: no)	0.143 ***	0.138 ***	0.143 ***
Family income quartiles (poorest)			
2nd	0.003	0.000	0.003
3rd	0.032	0.068 **	0.072 **
4th (richest)	0.037	0.061 *	0.061 *
Cadre/Party membership (ref: no)	0.080 **	0.013	0.012
Family cadre/Party membership (ref: no)	0.066 **	0.050 *	0.055 *
Residence and Hukou status (ref: rural)			
Rural-to-urban migrant	0.032	0.057 *	0.063 **
Rural resident with urban Hukou	-0.018	-0.003	0.007
Urban resident with urban Hukou	-0.033	-0.064 **	-0.054 *
σ		1.244 ***	1.231 ***

Notes: Estimates of ancillary parameters are not shown. Standard errors are in parentheses. Coefficients in the HOPIT models have been rescaled to be comparable to those in the ordered probit model.

* $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

To further gauge the amount of reporting bias reduction achieved by using vignettes, we carried out a simple counterfactual exercise as employed in prior research (Bago d’Uva, O’Donnell and van Doorslaer 2008). Specifically, we first fixed the latent health status for a reference person², and then predicted the probability of reporting very good or excellent health with varying cut-points as would be adopted by people with different characteristics, such as level of education, while holding everything else constant. We computed the ratio of probabilities (relative probability) with any two different sets of cut-points to measure the relative magnitude of the reporting effect. To preserve space, we focus on the effect of education here. Figure 3 plots the relative probabilities of reporting very good and excellent health when using the cut-points of different levels of education. The denominator, held constant, is the predicted probability of reporting very good or excellent health when using the cut-points of no schooling, while the numerators are calculated in the same way but with cut-points shifting from primary schooling to college. Again, the effect of reporting heterogeneity was quite large. The relative probability of reporting very good health dropped from 0.84 to 0.59 and for reporting excellent health dropped from 0.76 to 0.46 as the associated cut-points shifted from those of primary school to those of college education. This means that, given the same latent health for any respondent, the probability of giving an excellent health self-rating with the cut-points of college education imposed would be less than half the probability if applying the cut-points of no schooling (the denominator of the relative probability).

Figure 3. Relative Probabilities of Reporting Very Good or Excellent Health for a Reference Person’s Health with Varying Cut-Points by Levels of Education



² The reference person is a married man of the sample average age, with 9 years of schooling (junior high school) and a short memory test score of 5 (rounded up the sample mean), employed as a rural non-migrant, and living in the poorest family income quartile.

COST-EFFECTIVE ANALYSIS

Administering Vignettes to Subsample

Identification of group-level reporting heterogeneity rests on the assumption of significant within-group similarity, or group-specific reporting patterns, apart from additional within-group individual variation. This assumption implies that group-specific cut-points estimated from a random subsample (or even an external sample from the same population) can be applied to the full sample. Of course, estimating cut-points from the full sample is better because it has more statistical efficiency. However estimating group-specific cut-points with a subsample has significant practical implications, as it substantially reduces survey costs and respondent burden. We therefore proceed to perform cross-validation to assess the degree to which vignettes administered to a small subsample can assist in bias reduction for the entire sample. Our cross-validation procedure hinges on a unique feature of the data used in this study. That is, unlike in other large-scale social surveys, CFPS vignettes data were collected on the same respondents who were administered self-assessments, producing a large sample that ensures enough statistical power for cross-validation. Specifically, we randomly partition the full sample into a relatively small subsample as training data and the remaining larger subsample as validation data, since prior studies indicate that cost-effectiveness is achieved by administering vignettes to a subsample that is 10% to 50% the size of the overall sample. We experiment with a series of partitions, including 10%, 20%, 30%, 40%, and 50%, for each of which we repeat the random partition 500 times. After each partition, we fit a HOPIT model to the training data and compute out-of-sample predictive cut-points and latent health status. We then fit another HOPIT model to the larger subsample validation data, and compute in-sample predictive cut-points and latent health status. Closeness between the two sets of predictive values, measured by mean-square error, indicates external validity and thereby the cost-effectiveness of extrapolating vignette adjustment obtained from a small subsample to the full sample.

How big does the subsample administered vignettes have to be in order to make reasonably good extrapolation of adjustment for reporting heterogeneity? Our cross-validation analyses suggest that a surprisingly small sample would be sufficient. Figure 4 plots the distributions of mean-squared errors between the out-of-sample predictions of latent health for the validation subsample based on the model fitted to the training subsample and the in-sample predictions based on the model fitted to the validation subsample. When using both vignettes

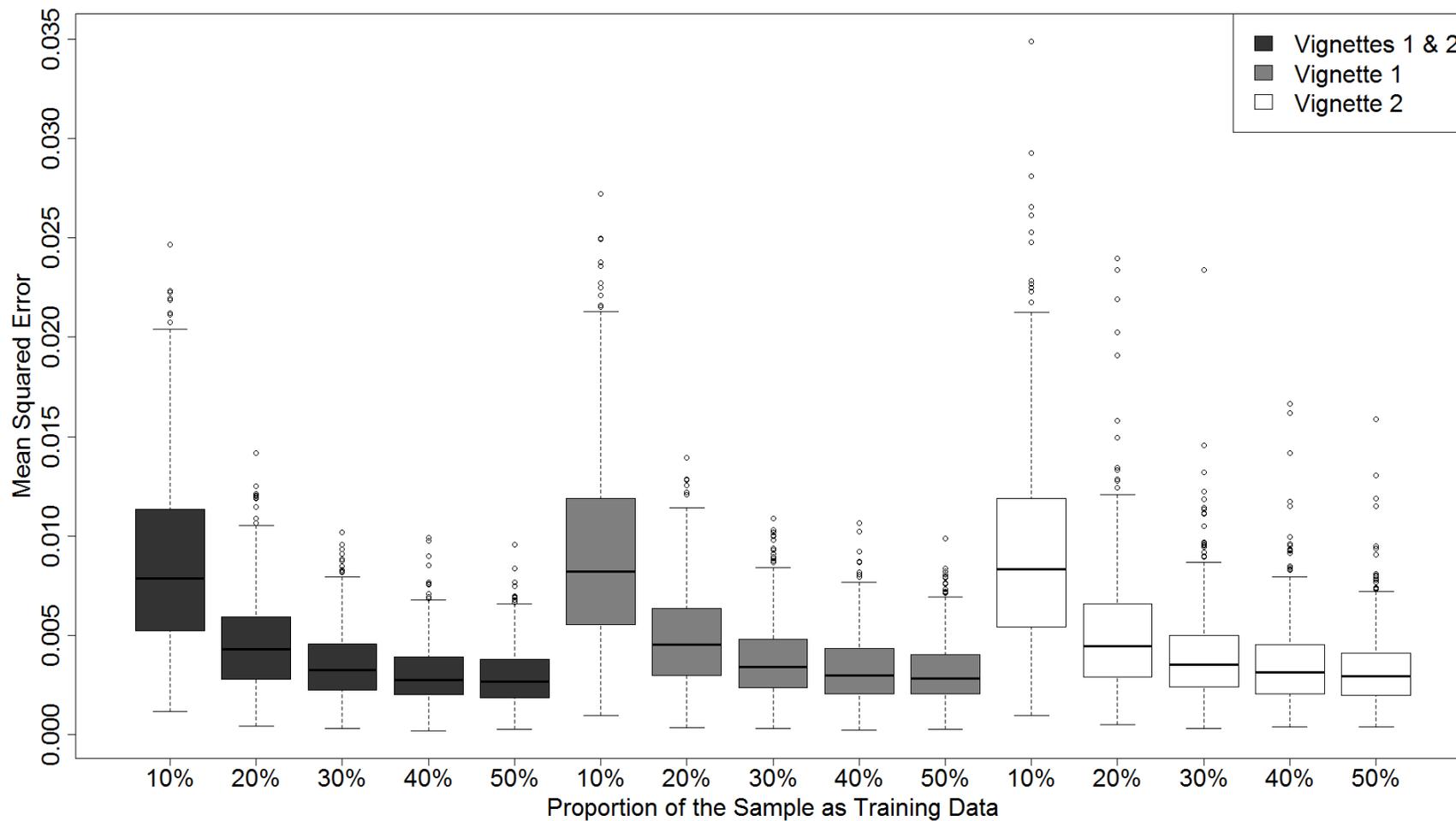
available in the CFPS, the mean-squared errors take a form of exponential decay as the size of training data increases. The decay rate is greater at the lower end — the largest decline in mean-squared errors occurs as the proportion of the full sample used as training data increases from 10% to 20%. The trend of decline flattens out beyond 30%. As shown in Figure 5, the same pattern holds for the mean-squared errors between the out-of-sample predictions of cut-points for the validation subsample based on the model fitted to the training subsample and the in-sample predictions based on the model fitted to the validation subsample.

Number of Vignettes

Would one vignette be sufficient to anchor reporting behaviors? If so, does it make a difference which single vignette is used? In principle, one vignette is sufficient for identifying group-level differences, provided it yields sufficient variation in the vignette ratings, or full support, which enables estimation of the full range of cut-points. Adding more vignettes would then improve the estimation efficiency. As shown in Table 1, however, the assumption of full support is not satisfied in the CFPS data because neither the first nor the second vignette yielded responses in all categories – that is, the rating of poor for the first vignette and excellent for the second vignette received zero responses. This means we have no statistical power to identify the cut-point at the low end if using the first vignette only, or that at the high end if using the second vignette only. Therefore, we expect that using both vignettes complementally is the best solution in this particular scenario.

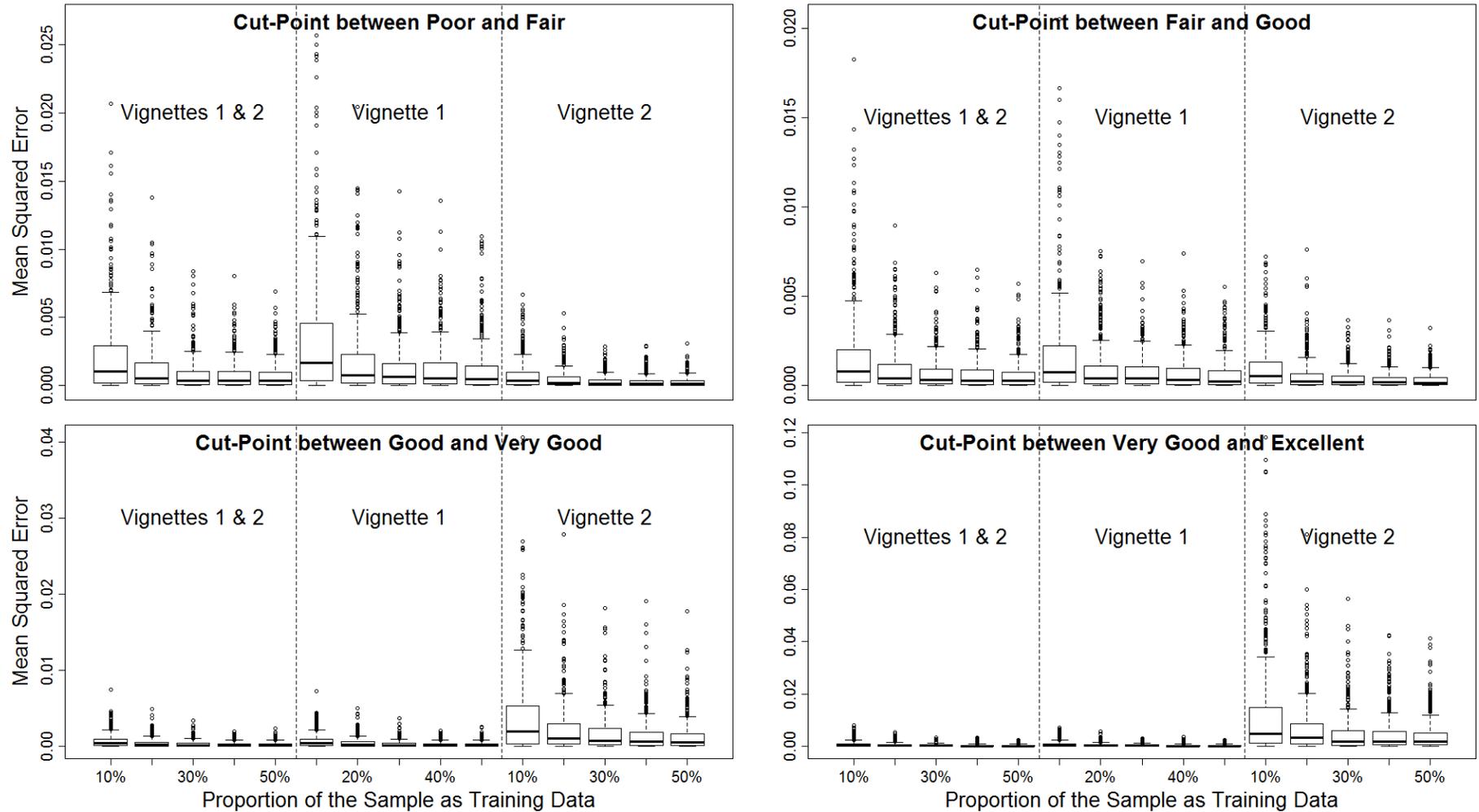
To demonstrate this, we repeat HOPIT model estimation by using one vignette at a time to ascertain whether it can attain similar bias reduction as using two vignettes. We not only compare coefficient estimates, but also examine whether different vignettes lead to similar adjusted self-rated health (Voňková and Hullejie 2011). Since two vignettes are collected for anchoring health in the CFPS data, we should expect similar adjusted self-rated health when using either one of the vignettes or both, provided that both vignettes are equivalently effective in terms of anchoring response patterns. We then compute pair-wise correlation coefficients among the three sets of vignette-anchored self-rated health (two sets using one vignette only, and the third set using both vignettes). A correlation coefficient close to 1 indicates a similar adjustment when using different sets. We also repeat the above cross-validation procedure using one vignette only to determine whether it is valid to extrapolate subsample anchoring to the full sample by using single vignette.

Figure 4. Mean-squared error of predicted latent health from cross-validation of HOPIT models by randomly selecting a subset of the CFPS sample as training data



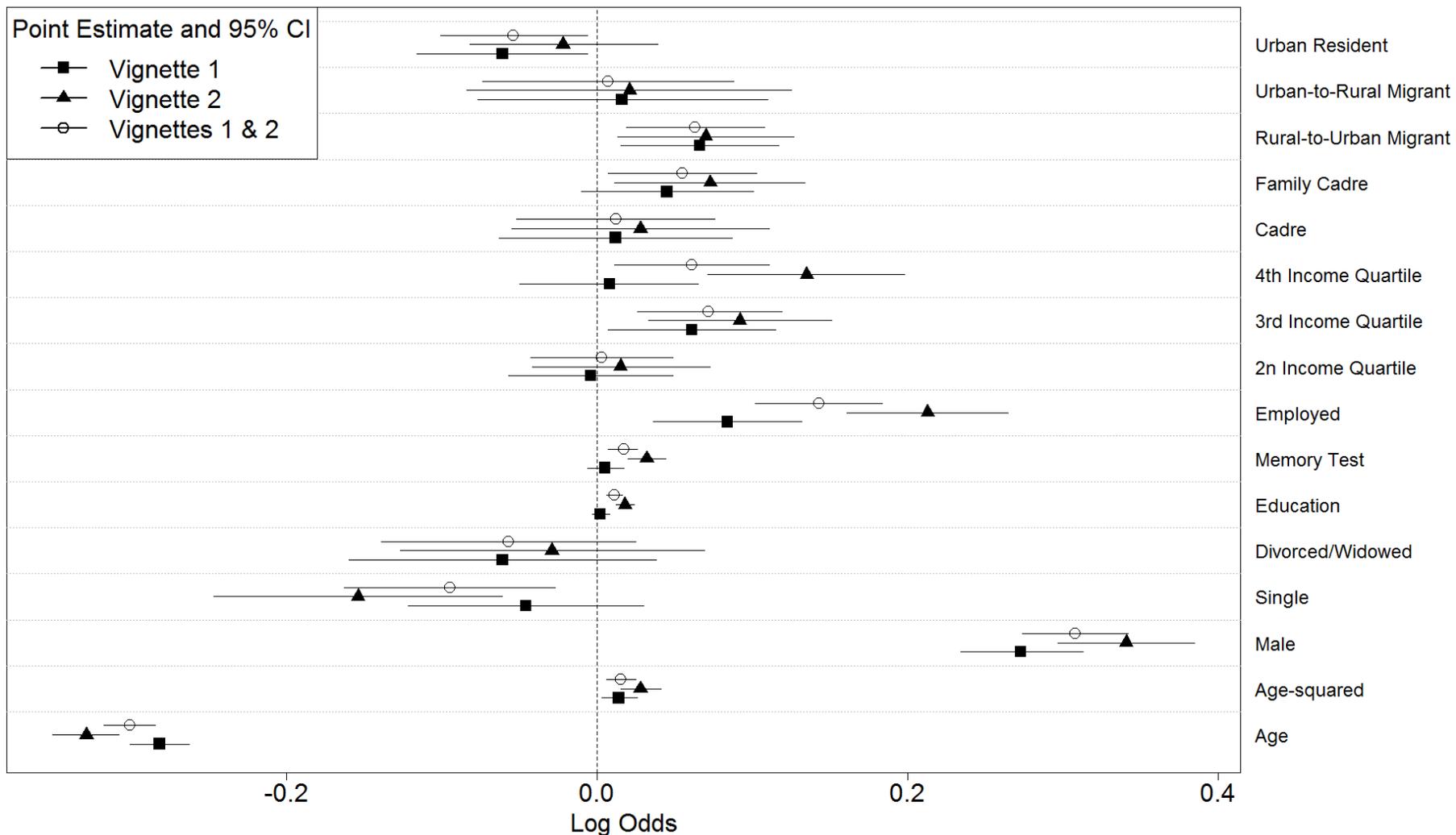
Note: Vignette 1 describes a healthier person compared to Vignette 2.

Figure 5. Mean-squared error of predicted cut-points from cross-validation of HOPIT models by randomly selecting a subset of the CFPS sample as training data



Note: Vignette 1 describes a healthier person compared to Vignette 2.

Figure 6. Comparisons of coefficient estimates for the health component of HOPIT models by using different vignettes



Note: Vignette 1 describes a healthier person compared to Vignette 2.

First, we compare coefficient estimates for the associations of covariates with self-rated health anchored by using different vignettes. Figure 6 plots the point estimates and the associated 95% confidence intervals. It is notable that the point estimates when using the second (worse health) vignette are generally bigger in terms of absolute values than the point estimates when using the first (better health) vignette, while the coefficient sizes when using both vignettes fall in between, reflecting a result of smoothing. In most cases, the 95% confidence intervals are overlapped for the same covariate, indicating insufficient statistical power to distinguish estimates using different vignettes. However, substantive variation does occur to certain important SES indicators. For example, the 95% confidence interval for education covers 0 when using the first vignette only, but not so when using either the second only or both vignettes. Similar patterns can be observed for memory test, top income quartile, and family members' cadre or party membership. To the extent that we expect significant SES disparities in health, it is likely that the second (worse health) vignette is relatively more effective than the first vignette in anchoring reporting behaviors.

Can we make valid inferences about the reporting behaviors in the full sample by administering a single vignette to only a subsample? Our cross-validation analyses reveal a positive answer.

As shown in Figure 4, the same pattern of exponential decay in mean-squared errors for predicted latent health when using both vignettes holds for using either one of the two vignettes. The mean-squared errors experience a substantial decline when the proportion of the full sample used as training data increases from 10% to 20%, and the decline trend levels off beyond 30%. Similar results are retained for mean-squared errors related to cut-points as plotted in Figure 5. It is worth noting that the mean-squared errors for the cut-points are greater at the lower end (poor versus fair and fair versus good) when using the first vignette, but greater at the higher end (good versus very good and very good versus excellent) when using the second vignette. This is not surprising given the first vignette's description of relatively good health, which should provide greater differential power toward the higher end, and the second vignette's description of relatively worse health, which should engender better anchors at the lower end.

DISCUSSION

Despite the rapidly growing interest in applying vignettes to anchor self-rated health, prior research provides limited information about the effectiveness of this methodology. Capitalizing on the vignettes data from the nationally representative CFPS sample, we reach two significant conclusions in this study. First, reporting heterogeneity plays a significant role in biasing the measurement of health disparities among Chinese adults. In fact, our empirical findings suggest that reporting heterogeneity appears to be a predominant rather exceptional phenomenon in self-rated health because most of the socioeconomic and demographic characteristics examined here induce cut-points shifts, either parallel or non-parallel. And second, anchoring vignettes appear to be a cost-effective method to ameliorate the effects of reporting bias in surveys of self-rated health.

We quantify the consequential effect of reporting bias in self-rated health, revealing in vignette-anchored regression results that coefficients could be under- or over-estimated by twice as much as those without adjustment (e.g., education and memory test), depending on whether the cut-points are shifted upward or downward. Moreover, the significance levels changed for other covariates (e.g., political capital and residential and migration status) after adjustment.

We also quantify the magnitude of reporting heterogeneity through an experiment in which we fix the level of latent health status for a reference person but allow cut-points to vary within a single domain such as education. We found that the probability of reporting excellent health when applying the cut-points of college education is less than half of that when applying the cut-points of no schooling. This result is in marked contrast to the previous research that reported less than 10% difference (Bago d'Uva et al. 2008). Although we examine different measures of self-rated health³ than do Bago d'Uva et al. (2008), and have the advantage of greater statistical power conferred by the large sample size of the CFPS, the interpretations of our findings are nonetheless unambiguous: the effects of reporting heterogeneity are substantial and anchoring vignettes can significantly reduce reporting bias.

Our analyses reveal two significant features of vignettes methodology. First, adjustment for reporting heterogeneity in the full sample can be achieved by extrapolating anchoring points from a relatively small subsample. In the CFPS data, administering vignettes to about 20% to 30%

³ We measure overall health status here whereas Bago d'Uva et al. (2008) divided global health into six domains, including mobility, cognition, pain, self-care, usual activities, and affect.

of the full sample was as effective as adding more cases. Second, using a single vignette can provide some anchoring that is comparable to using more vignettes. However, in a sample such as the CFSP that has a large age range, and hence great health differentials, a vignette that describes a relatively poor health scenario may lend more discriminant power to the lower end of the health spectrum, where the most striking gap occurs, compared to a vignette that describes a relatively good health scenario.

Taken together, our findings have important implications for future research and public health policy. Given that measures of self-rated health have strong predictive power for objective health status and low data collection costs, they are likely to remain in use for research on health disparities in developing countries like China. On the other hand, the rapid social changes and the associated rising socioeconomic inequalities and social stratification in transition societies will increasingly complicate the pattern of health disparities. Reporting heterogeneity in health surveys may become more substantial as people of different social groups continue to diverge in their choice of reference group and the criteria they apply to gauge good versus poor health. If adjustment techniques to account for such heterogeneity, such as anchoring vignettes, become common practice, our research will yield better estimates of health disparities and provide higher quality information for policy makers.

LIMITATIONS AND FUTURE RESEARCH

Our study has several limitations that will benefit from future research. First, the vignette equivalence assumption may not hold in reality. For example, high-SES respondents may value mental health as much as physical health whereas low-SES respondents may not. Also, given the complex multidimensional nature of health, vignette descriptions are likely to be incomplete and respondents may call upon their own experience to impute the missing information (van Soest et al. 2011). Similarly, the response consistency assumption may be violated when respondents report their own situation with certain strategic consideration that is absent from vignette assessment (Bago d’Uva et al. 2011). A prominent example is that respondents from welfare state countries tend to apply lower thresholds when assessing their own disability status than when evaluating the vignettes because of the economic incentive to exaggerate personal health problems for disability benefits eligibility (Datta Gupta et al. 2010). Although it is hard to contemplate such strategic behavior in China given that social welfare and health insurance

benefits are largely contingent on social institutions (e.g. the household registration system) and collective entities (e.g. work units) rather than an individual's self-rating, we should still consider the possibility of the invalid response consistency assumption for other reasons.

Rigorous tests of these assumptions require extra data such as valid and reliable objective health measures, which are often available only in ad hoc studies. The present study is merely a first step toward a better understanding of the effects of reporting heterogeneity and the utility of anchoring vignettes in survey data on the socioeconomic and demographic disparities in self-rated health. Nevertheless, we find that even with short vignettes that do not attempt to incorporate particular aspects of health or age-specific health conditions, this method is useful in detecting reporting heterogeneity by SES and demographic characteristics and enabling appropriate anchoring to identify true health disparities. Future research is needed to improve the vignette design while retaining its simplicity and cost-effectiveness with respect to survey operation and anchoring performance.

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